

Scott & White Worth the Wait® Contraception in Sex Education

Questions are often asked how contraception is discussed in the Scott & White Worth the Wait® Wellness and Sexual Health Curriculum. The topic of contraception is discussed after addressing possible health and socio-economic issues concerning teen sexual activity: STDs, pregnancy, legal issues and emotional issues. Abstinence, if used consistently and correctly, is continually emphasized as the healthiest choice with many benefits, no risks, and the only 100% effective method in the prevention of STDs, pregnancy, and emotional trauma associated with adolescent sexual activity.

The topic of contraception is included in the 8th Grade and High School curricula. For schools that do not wish to discuss contraception in the 8th Grade, the lesson may be removed from the curriculum. The contraceptive lessons are reinforced with an informative Contraceptive Chart Student Handout and PowerPoint® which outlines the description of common forms of contraception, mechanism of action (how they work), efficacy, published side effects and complications, benefits, and if there is any effect on STD transmission/acquisition.

For more information, please contact:

Scott & White Worth the Wait®
2401 S. 31st Street
3rd Floor, OB/GYN, Room 301
MS-01-E316A
Temple, TX 76508
Phone: (254) 724-7359 • Fax: (254) 724-8865
Email: sexeducation@swmail.sw.org
Website: www.worththewait.org